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**WHAT IS CLAIMED IS**

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1. A disk apparatus comprising:  
a head that reads information from a disk;  
a guiding rod that movably supports and  
guides the head; and  
10 a height adjustment portion that is  
rotatably formed on a base for adjusting the height  
of the guiding rod,  
wherein the height adjustment portion  
includes a height adjustment cam for sandwiching the  
15 guiding rod.
- 20 2. The disk apparatus as claimed in claim  
1, wherein when the height adjustment portion is  
rotated where the guiding rod is sandwiched by the  
height adjustment cam, the height of the guiding rod  
is adjusted while the guiding rod is restrained by  
25 the height adjustment cam.
- 30 3. The disk apparatus as claimed in claim  
1, wherein the height adjustment portion is shaped  
as a circular cylinder.

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4. The disk apparatus as claimed in claim  
5 1, wherein the height adjustment portion is formed  
by outsert molding.

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5. The disk apparatus as claimed in claim  
1, wherein no height adjustment cam is formed at a  
prescribed peripheral area of the height adjustment  
portion.

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6. The disk apparatus as claimed in claim  
20 1, wherein the height adjustment cam sandwiches the  
guiding rod at an end portion of the guiding rod.

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7. The disk apparatus as claimed in claim  
6, wherein the end portion of the guiding rod has an  
end surface that is engaged to a bottom surface of  
the height adjustment cam.

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